Ijeoma Ijeaku MD MPH DFAPA DFAACAP

EDUCATION

2012 - 2014 University of Southern CA (USC) Child and Adolescent Psychiatry Fellowship
2010 - 2012 Loma Linda University (LLU) General Psychiatry Residency Program
2009 - 2010 Loma Linda University (LLU) Internship
2008 - 2010 Loma Linda University; Master of Public Health
1995 - 2002 University of Port Harcourt, Nigeria; M.B, B.S

LICENSURE

CA; A118450

BOARD CERTIFICATION

2027 Certification by American Board of Psychiatry and Neurology; Child/Adol Psychiatry
2027 Certification by American Board of Psychiatry and Neurology; General Psychiatry

PROFESSIONAL EXPERIENCE

2026 - Clinical Professor; Psychiatry/Neuroscience, UCR School of Medicine
2026 - Qualified Medical Evaluator
2022 -26 Associate Clinical Professor; Psychiatry/Neuroscience, UCR School of Medicine
2022 - CEO/Attending Psychiatrist, The Brain Institute
2020 - 22 Attending Child/Adolescent/Adult Psychiatrist, Emergency Treatment Services
2020 - Site Director for Child Rotation General Psychiatry Residency, UC Riverside
2020 - Faculty Riverside University Health System General Psychiatry Residency
2017 - 22 Director of School Mental Health for Child Psychiatry Fellowship, UC Riverside
2016 - Clinical Instructor, Psychiatry Clerkship, UC Riverside School of Medicine
2016 - 22 Assistant Clinical Professor of Psychiatry, UC Riverside School of Medicine
2014 - Attending Child and Adolescent Psychiatrist, Riverside University Health System
2013 - 14 Staff Psychiatrist, LAC+USC Medical Center, Los Angeles Psychiatry ER
2012 - 22 Staff Psychiatrist S/L Medical Group

PROFESSIONAL ACTIVITIES

2025 - 27 President, CA Academy of Child and Adolescent Psychiatry
2024 - 27 Assembly Representative to the APA Council on Children, Adolescents, and their Families
2024 - 26 APA Area 6 Council Representative to the Assembly Reference Committee on Education and Lifelong Learning
2023 - 25 President-Elect, CA Academy of Child and Adolescent Psychiatry
2022 - 27 Representative to the APA Assembly (for SCPS district branch)
2022 - 24 Member, UCR Advancements Committee
2021 - 22 President, Southern CA Psychiatric Society
2021 - 23 Co-Chair Committee on Anti-Racism and Equity, CALACAP

2021-22 Member, Child Committee, Psychiatric Physician Alliance of California
2020 Member CPA Work Group on Racism and Health Equity
2020 - 21 President-Elect; Southern CA Psychiatric Society
2020 - 23 Member, UCR Department of Psychiatry Diversity and Inclusion Committee
2020 - 23 Chair, Diversity and Culture Committee, Southern CA Psychiatric Society
2019 - 23 Member Child and Adolescent Research Group UCR School of Medicine
2019 - TWPF Fairs; health surveys, urgent care, counseling among rural participants
2019 Treasurer; Southern CA Psychiatric Society
2018 Secretary; Southern CA Psychiatric Society
2017 - Editorial board member; Journal of Adolescent Medicine and Health Care
2017 - Editorial board member; Journal of Addiction Medicine
2017 - Chair, Membership Committee; Southern CA Psychiatric Society
2016 Health Fair; preventive and urgent care/surveys/health indices in rural Nigeria
2016 - Director, National Alliance on Mental Illness (NAMI) Mt San Jacinto Board
2015 - Member APA Global Mental Health Caucus
2015 - Member APA Caucus on Spirituality, Religion and Psychiatry
2013 - 17 Inland Empire Region Councilor, Southern CA Psychiatric Society
2012 - 13 Members-in-Training Representative, Southern CA Psychiatric Society
2012 Member, LLU Psychiatry International Mental Health Committee
2010 - Founding Member, Women's Committee; Southern CA Psychiatric Society

PROFESSIONAL MEMBERSHIPS

2026 - American Medical Association
2026 - California Medical Association
2021 - American Academy of Child and Adolescent Psychiatry
2021 - California Academy of Child and Adolescent Psychiatry
2021 - Southern California Society of Child and Adolescent Psychiatry
2012 - 17 American Academy of Child and Adolescent Psychiatry
2012 - Association of Nigerian Physicians in the Americas
2009 - Southern California Psychiatric Society
2009 - American Psychiatric Association
2009 - 22 American Medical Association

HONORS & SPECIAL AWARDS

2026 Teacher of the Year Award, UCR General Psychiatry Residency
2026 Appreciation Award (exceptional patient care and commitment to patients and their families) San Fernando Valley Community Mental Health Center Inc, CA
2026 Distinguished Fellow, American Academy of Child and Adolescent Psychiatry
2025 Teacher of the Year Award, UCR Child/Adolescent Psychiatry Fellowship
2025 Appreciation Award (commitment to exceptional patient care) San Fernando Valley Community Mental Health Center Inc, CA
2024 Community Service Award, (in recognition of contribution to growth of UmuLobo women) UmuLobo Women Group

2024 Community Service Award (in honor and appreciation of exceptional and superior service to the community) Aladinma Women Okwu Emekuku
2024 Excellence in Service to Humanity Award, (exceptional healthcare, improving lives and making impact in our community) Rotary International (District 9142)
2024 Appreciation Award (commitment to exceptional patient care) San Fernando Valley Community Mental Health Center Inc, CA
2024 George Mallory Diversity, Culture and Social Justice Award, Southern CA Psychiatric Society
2024 Volunteer Appreciation Award, NAMI Mt San Jacinto
2023 Teacher of the Year Award, UCR Child/Adolescent Psychiatry Fellowship
2023 Distinguished Fellow, American Psychiatric Association
2023 Distinguished Service Award, Southern CA Psychiatric Society
2022 Exemplary Psychiatrist Award, National Alliance on Mental Illness
2018 Community Development Award, UmuMgboto Okwu Emekuku, Owerri, Nigeria
2019 Volunteer Appreciation Award, NAMI Mt San Jacinto
2018 Outstanding Psychiatry Clerkship Instructor, UCR School of Medicine
2018 Distinguished Community Partner for Center Against Sexual Assault (CASA), State of California Senate
2016 Fellow, American Psychiatric Association
2016 Interviewee; SCPS documentary, 'Human Experience of being a Psychiatrist' premiered at the APA 2016
2012 LLU Department of Psychiatry's Integration of Religion and Psychiatry award
2012 PER Excellence in Psychiatry Education award, Southern CA Psychiatric Society
2011 Dedicated Volunteer Service award, Edward Dean Museum of Arts and Garden
2010 Great School Support, Sundance Elementary School, Beaumont, CA
2009 Public Service award, Okwu Community, Nigeria
2003 - 08 Parent Volunteer awards, Ponderosa Elementary School, SSF
2002 Editorial award, College of Medicine, UNIPORT, Nigeria

LECTURES & PRESENTATIONS

2026 Panelist *'Sistas2Sistas: Our Health, Our Wealth, Our Legacy'* during FGGC Owerri Alumni USA and Canada region reunion convention

2026 Presented *'Tardive Dyskinesia'* to NAMI Mt San Jacinto community members and stakeholders

2026 Panelist *'Meet a Mentor Session'* during UC Riverside School of Medicine PRIME Program event

2026 Presented *'Caregiver Syndrome: Caring Without Disappearing -Redistribution of Care and Support for Caregivers'* as part of the series for the FGGC Owerri Old Girls' Global Association's celebration of Mental Health Awareness month

2026 Presented *Life Satisfaction and Obesity Across the Lifespan: A Scoping Review* during APA annual meeting (poster)

2026 Presented *'Physician Burnout: The Struggle is Real'* during stakeholder ANPA webinar for physicians and healthcare providers in Nigeria and Nigerian diasporas

2026 Presented *'Safe Spaces, Brave Spaces: Creating A Positive Workplace'* during CBS Content Engagement, Partnerships and Strategy Summit on Disability

2025 Presented *'Non 9-5 Psychiatric Roles'* during UCR grand rounds

2025 Presented *'Professional Advocacy: Why It Matters'* during RUHS grand rounds

2025 Panelist *'Meet a Mentor Session'* during UC Riverside School of Medicine PRIME Program event

2025 Presented *'CALACAP Spring Advocacy Day'* to AACAP Advocacy Liaison Network

2025 Presented *'Tardive Dyskinesia'* to NAMI Mt San Jacinto community members and stakeholders

2025 Presented *'Finding Meaning in Child and Adolescent Psychiatry: Focusing on Mission and Quality to Avoid Burnout',* an APA Council on Children, Adolescents and their Families invited session during annual APA meeting. https://s7.goeshow.com/apa/annual/2025/virtual_session_search.cfm#

2025 Presented *'Exploring the Effects of Ikigai on Mental, Physical and Social Health: A Scoping Review'* during APA annual meeting (poster)

2025 Presented *'ADHD in the Black Community'* to mental health advocates and community partners during NAMI Community event

2025 Panelist, *Structural Racism and Impact on Behavioral Health*. UC Riverside Center for Health Disparities

2025 Panelist, *Breaking the Scroll Barriers. Mental Health in a Digital Age*. UC Riverside Center for Healthy Communities event

2025 Panelist, *Breaking Barriers, Building Bridges. Youth at the Forefront of Mental Wellness*. UC Riverside Center for Healthy Communities event

2024 Presented *'Field of Child Psychiatry'* to Brookside Elementary School students during Career Day

2024 Presented *'Becoming a Champion of Social Justice in Medicine'* to UC Riverside Phi Delta Epsilon CA-Delta Chapter, a professional pre-medical fraternity for their Diversity, Equity, Inclusion and Accessibility event

2024 Presented *'Hey GF…Choose Thyself'* in celebration of Mothers' Day to Southern CA FGGC Owerri Old Girls' Association

2024 Speaker, Q & A Facebook Live Event for CA Black Health Equity Advocacy week hosted by UC Riverside Center for Healthy Communities

2024 Presented *'Hey GF…Choose Thyself'* in celebration of Women's History month to FGGC Owerri Old Girls' Association

2023 Presented *'Infinite Monkeys ChatGPT, Large Language Models, and the Coming Transformation of Qualitative Research in Medical Education'* during Society of Directors of Medical Education Summer Meeting workshop

2023 Presented *'Champions of Social Justice: Hallmark for Building a Mentally Healthy Society'* based on data from SCPS minority mental health docuseries project during UCR Teaching Excellence Academy event

2023 Presented *'Champions of Social Justice: Psychiatry in Marginalized Communities',* a minority mental health docuseries project during annual APA meeting. *https://s7.goeshow.com/apa/annual/2023/session_search.cfm*

2023 Presented *'Brain Development in Childhood and Implications for Practice, Research and Policy'* to University of Washington CAPSIG

2023 Moderated *'Champions of Social Justice: Psychiatry in Marginalized Communities'* (screening and panel discussion with community leaders) to SCPS membership for Black History Month celebration

2022 Presented *'What is Tardive Dyskinesia?'* to NAMI Mt San Jacinto and community members and stakeholders

2021 Presented *'The Woman and Her Mental Health: An Overview'* to Keystone Bank Nigeria

2021 Presented *'Our Mental Health Compass for the Pandemic and Beyond'* to Society of Public Health Educators NCA Chapter

2021 Presented *'The Physician Mental Health Compass for the Pandemic and Beyond'* during Association of Nigerian Physicians in the Americas annual meeting

2021 Presented '*Psychiatric Management of CLN3 Disease: Juvenile Onset; A Case Study'* during APA annual meeting (poster)

2021 Presented *'Our Mental Health Compass for the Pandemic and its Aftermath'* with focus on marginalized communities during UCR Black Health Expo

2020 Presented *'Our Mental Health Compass for the Pandemic and its Aftermath'* with focus on women during Asomugha Foundation annual International Women's Conference

2020 Moderated/Reviewed '*Intimate Partner Violence: A Comprehensive Review'* with author during book launch

2019 Presented *'Maximizing Experience and Performance Among Medical Students through Strength-based Education'* during UCR School of Medicine Faculty Development Workshop

2019 Presented '*Art of Storytelling: Human Experience of being a Psychiatrist'* during LLU psychiatry grand rounds

2019 Panelist for discussion of documentary '*Art of Storytelling: Human Experience of being a Psychiatrist'* at UCI Psychiatry Interest Group event

2018 *A Case for Lithium*; presentation at UCR Psychiatry CME event

2018 Seminar for Mt San Jacinto National Alliance on the Mentally Ill monthly talk with community members

2017 Ask the Psychiatrist; Center Against Sexual Assault (CASA) event with first responders and advocates of sexual assault victims in Hemet CA

2016 Health 101; overview of general health during health fair in rural community in Nigeria

2016 Seminar for Mt San Jacinto National Alliance on the Mentally Ill monthly talk with community members

2015 Presented '*Behavioral Patterns, Enduring Personality Types and other Factors among Militants in the Niger delta region of Nigeria'* during fall conference of Black Psychiatrists of America

2015 Presented '*Overview of Management of Pediatric ADHD'* during grand rounds at LLU Psychiatry Department

2014 Presented '*Mental Health Issues Among HIV/AIDS orphans in Lesotho'* during fall conference of Black Psychiatrists of America

2014 Presented '*Catatonia in an adolescent---outpatient course'* at USC Department of Psychiatry grand rounds

2013 Presented '*Reviewing Diagnostic Dilemma of Autism'* during case presentations at USC Division of Child Psychiatry

2013 Presented '*Possible Effects of Exercise on ADHD'* during journal club at USC Division of Child Psychiatry

2012 Reviewed '*The Association of Single and Double Orphan-hood with Symptoms of Depression among Children and Adolescents in Namibia'* during LLU grand rounds

2012 Presented '*Global Psychiatry…The Lesotho Mental Health Initiative'* at LLU grand rounds

2011 Presented '*Health Care Overseas; Africa'* at LLU Psychiatry and Religion monthly meeting

2010 Presented *'Neuro-Sarcoidosis versus Steroid-Induced Psychosis: A Case of Drastically Altered Personality'* in grand rounds, LLU Psychiatry

2010 Presented '*Balancing Professional and Personal Lives as a Female Resident Psychiatrist'* during social event organized by Southern CA Psychiatric Society

2008 Presented '*Immunization: Autonomy versus Community Prevention'*, at LLU School of Public Health

2008 Presented '*Health Care Costs during End of Life'*, at LLU School of Public Health

TEACHING EXPERIENCE:

Clinical:

2016 - Overview of Psychiatric Evaluation with medical students, residents, and fellows

2016 - Interviewing; Art of Medicine with medical students, residents, and fellows

2017 - The School: Why it is important to the Child and Adolescent Psychiatrist (academic and social aspects of child development) to residents and fellows

Academic:

2026 Introduction to Organized Medicine and Why It Matters to RUHS Child and Adolescent Psychiatry fellows

2026 Introduction to Organized Medicine and Why It Matters to UCR General Psychiatry residents

2026 Introduction to Organized Medicine and Why It Matters to RUHS General Psychiatry residents

2024 *Champions of Social Justice: Hallmark for Building a Mentally Healthy Society* based on data from SCPS minority mental health docuseries project to UCR School of Medicine graduating class of 2024

2022 - 23 Brain Development in Childhood Series (RUHS General Psychiatry Residents)

2021 - Mood Disorders in Childhood (RUHS General Psychiatry Residents)

2021 Psychopathology of ADHD (RUHS General Psychiatry Residents)

2020 - Somatic Symptom and Related Disorders (UCR SOM medical students)

2020 Introduction to Public Psychiatry (RUHS General Psychiatry Residents)

2019 School Consultations I & II (UCR Child Psychiatry Fellows)

2019 Peri-Partum (Post-Partum) Depression (UCR Family Medicine Residents)

2019 Pre-Menstrual Dysphoric Disorder (UCR Family Medicine Residents)

2019 Religion, Spirituality and Psychiatry (RUHS Family Medicine Residents)

2018-19 Introduction to Public Psychiatry (UCR General Psychiatry Residents)

2018-20 Introduction to Neuro Science. Developed a curriculum for teaching third and fourth year UCR general psychiatry residents the basic concepts of neuroscience for psychiatric practice

2011-12 Global Psychiatry: The Lesotho Mental Health Initiative. Developed a grief and trauma-based curriculum for teaching young adult community leaders and caregivers in Lesotho communities in a train the trainer model for providing emotional support to HIV/AIDS orphans

BIBLIOGRAPHY

PUBLICATIONS: (PEER REVIEWED)

2026 **Ijeaku I**, Egu O, Osanyinpeju J, Akins Y and Obasi C (2026). Life Satisfaction and Obesity Across the Lifespan: A Scoping Review. Obesity Reviews. Life Satisfaction and Obesity Across the Lifespan: A Scoping Review https://doi.org/10.1111/obr.70178

2026 **Ijeaku, I**., Seiberling J. (2026). APA to address Gaps in Recognition of and Treatment for Disordered Eating and Specific Eating Disorder Issues in Marginalized Communities (an action paper approved by the APA Assembly) Psychiatry.org - Action Item Tracking System (AITS) (ASMMAY26---12.M)

2026 **Ijeaku, I**., Gonzalez E, Munoz P, Zidan S & Sran J. (2026). Ensuring Equitable Access to Clinically Indicated Standardized Intelligence Testing for Black Students in Public Schools (a CMA resolution submitted on February 1 2026)

2025 **Ijeaku, I**., Osanyinpeju J. (2025) APA to address Effects of Social Isolation and Loneliness on Mental Health through Resource Document and Position Statement (an action paper approved by the APA Assembly) Psychiatry.org - Action Item Tracking System (AITS) (ASMNOV2512.R)

2025 Merlo, G., Porter-Stransky, K.A., Sugden, S.G., Roy, K., Hirschberg, A., Smalls-Mantey A., …**Ijeaku, I.**, …Baron, D. (2025). American Psychiatric Association Lifestyle Psychiatry Presidential Workgroup Report. American Journal of Psychiatry, 182(9), 885-887. https://doi.org/10.1176/appi.ajp.25182005

2025 **Ijeaku I**, Egu O, Brown C. (2025) "The Effectiveness of a Community Health Fair Screening Intervention in Okwu Emekuku- a Mixed Method Approach". International Journal of Epidemiology and Public Health Research, 7(3); DOI: 10.61148/2836-2810/IJEPHR/146.

2025 **Ijeaku I**, Nguyen C, Novak D, Scheiber J. Champions of Social Justice in Psychiatry: Hallmark Practices for Building a Mentally Healthy Society (manuscript ID TP-23-0111; under review)

2025 **Ijeaku I**, Zare A, Egu O, Chukwueke I & Onwuzulike O. Exploring the Effects of Ikigai on Mental, Physical and Social Health: A Scoping Review. Exploring the Effects of Ikigai on Mental, Physical, and Social Health: A Scoping Review - Ijeaku - 2025 - Lifestyle Medicine - Wiley Online Library

2024 Garcia M and **Ijeaku I**. Lithium in the Multidisciplinary Management of Juvenile Neuronal Ceroid Lipofuscinosis (Batten Disease): A Novel Approach to Psychiatric Symptoms. Open Journal of Clinical and Medical Case Reports: Open Access

2024 **Ijeaku, I**., Nguyen C & Egu O. Social Media Use Issues in Children and Adolescents (an action paper approved by the APA Assembly) Psychiatry.org - Action Item Tracking System (AITS) (ASMNOV2412.M)

2023 **Ijeaku, I**., & Shaner, R. Dismantling Racist Policies in Black Mental Health: APA to Repudiate the Moynihan Report (an action paper approved by the APA Assembly) Psychiatry.org - Action Item Tracking System (AITS) (ASMMAY2312.I)

2023 Cooper T, Ge S, **Ijeaku I**, Lee R, Moss HB & Deas D. Specific Adverse Childhood Experiences and Homelessness are Associated with Increased Risk for Attention Deficit Hyperactivity Disorder in a Nationally Representative Sample J Pediatr Prim Care 2(1): doi https://doi.org/10.54289/JPPC2300101

2022 Yau M, Ge S, Moss HB, Cooper T, Osei A, **Ijeaku I**, & Deas D. Regional Prevalence of Adverse Childhood Experiences in the United States Using a Nationally Representative School-Based Sample. *SSM - Population Health*, *19*, 101145. https://doi.org/10.1016/j.ssmph.2022.101145

2021 **Ijeaku I**, Ge S, Osei A, Cooper T, Moss HB, et al. (2021) Sex Differences in the Associations of Specific Adverse Childhood Experiences (ACEs) with Comorbid Psychiatric Disorders. J Psychiatry Ment Health 6(2): dx.doi.org/10.16966/2474-7769.146

2021 Joseph Yasmeh, BS, and **Ijeoma Ijeaku** MD, MPH, FAPA. The Girl Who Slept with Problems. Case Studies: Stahl's Essential Psychopharmacology Volume 3

2021 Phuong VO, BS, MS, and **Ijeoma Ijeaku** MD, MPH, FAPA. The Border between Mood and Personality. Case Studies: Stahl's Essential Psychopharmacology Volume 3

2020 Moss HB, Ge S, Trager E, Saavedra M, Yau M, **Ijeaku I**, Deas D. Risk for Substance Use Disorders in young adulthood: Associations with developmental experiences of homelessness, foster care, and adverse childhood experiences. Compr Psychiatry. 2020 Jul;100:152175. doi: 10.1016/j.comppsych.2020.152175. Epub 2020 Apr 13. PMID: 32345436.

2018 **Ijeoma Ijeaku**. Loss, Grief, and Mental Wellbeing among AIDS Orphans in Lesotho. Published February 2018 in *Adolescent Medicine and HealthCare*

2018 **Ijeoma Ijeaku**. The Woman and Her Wellbeing. J Gynecol Women's Health. 2018: 13(4): 555867. DOI: 10.19080/JGWH.2018.13.555867

2012 **Ijeoma Ijeaku** and Melissa Pereau. Cases That Test Your Skills…Slowed Cognition and Paranoia. Published December 2012 in *Current Psychiatry*

EDITORIALS/ESSAYS/ARTICLES (selected)

2026 Letter from the President CALACAP | Newsletter Issue 3 - April 2026
2025 Letter from the President (https://calacap.org/about/president-letter)
2024 Honoring the Negritude Movement (https://www.socalpsych.org/2024/02/february-2024/)
2023 Black is BEAUTIFUL…(https://www.socalpsych.org/2023/02/february-2023/)
2022 Our Mental Health Compass … Surviving the Pandemic and Learning to Thrive Again. (https://m.aacn.org/blog/our-mental-health-compass-surviving-the-pandemic-and-learning-to-thrive-again)
2022 Moynihan Report Still Connected to Racist Practices in Psychiatry https://doi.org/10.1176/appi.pn.2022.10.10.36
2022 I Am Woman…Authentic Dr Mom (https://www.socalpsych.org/2022/03/march-2022/)
2022 Are Blacks Worthy of My (Your) Compassion? (https://www.socalpsych.org/wp-content/uploads/2022/02/february22.pdf)
2021 Champions of Social Justice: Psychiatry in Marginalized Communities (https://www.socalpsych.org/wp-content/uploads/2021/09/september21-1.pdf)
2021 Real Mental Health Access to Anyone Anywhere Anytime (https://www.socalpsych.org/wp-content/uploads/2021/06/june21.pdf)

2021 A Two Percenter Begins Her Presidency (https://www.socalpsych.org/wp-content/uploads/2021/05/may21.pdf)
2021 Let Us Not Let Them Psych Out (Our Role as Educators) (https://www.socalpsych.org/2021/04/april-2021-1/)
2020 A Call to Action: Revisiting the Larry P Case (https://www.socalpsych.org/wp-content/uploads/2020/09/september20.pdf)
2020 Embracing the OTHER (https://www.socalpsych.org/2020/07/july-2020/)
2020 Self-Care Tips for the Pandemic and Its Aftermath (https://opmed.doximity.com/articles/self-care-tips-for-the-pandemic-and-its-aftermath)
2019 Seeing Patients As More Than A Collection of Body Parts (https://www.zocalopublicsquare.org/2019/09/30/seeing-patients-as-more-than-a-collection-of-body-parts/ideas/essay/)
2019 Your Mental Well-Being While Being Nigerian in America (https://umuigbounite.com/wp-content/uploads/2018/11/Annual-Magazine-2019-WIP-5.pdf)
2017 NAMI…destigmatizing mental illness one connection at a time (https://www.socalpsych.org/2017/12/december-2017/)
2017 Why Join the APA (https://www.socalpsych.org/2017/10/october-2017/

CREATIVITY

2023 Moderator/Panelist; Culture Series. A collaborative effort between *The Whole Person Foundation* (TWPF) and *Weruche Inspires Foundation* evaluating various constructs and their implications for our times and future generations
2021-22 Director; Champions of Social Justice: Psychiatry in Marginalized Communities. An SCPS Minority Mental Health Docuseries Project

MEDIA

2025 Interview with Imprint regarding Oversight of Psychotropic Medication Use in Foster Youth in CA'The Job of All': Monitoring Psych Meds for CA Foster Youth
2025 Interview with EdSource regarding State of Youth Mental Health in CA Five Years Since COVIDHow Covid's mental health toll transformed California's schools | EdSource
2025 Quote supporting SB 531 PR Senator Susan Rubio Introduces Bill to Expand Mental Health Education in Schools 2-26-25.pdf
2025 Quote supporting SB 363 As Health Insurance Denial Rates Spike, Senator Wiener Introduces Legislation to Hold Insurance Companies Accountable For Senseless Denials | Senator Scott Wiener
2024 Facebook Live Session in celebration of CA Black Health Equity Advocacy - focusing on Black Mental Health issues in collaboration with UCR Center for Healthy Communities (05/06/24) http://fb.watch/sAgvSTR2vz/?mibextid=v7YzmG
2023 Introduction to collated data from Champions of Social Justice: Psychiatry in Marginalized Communities Champions_Of_Social_Justice.mp4 - Google Drive
2023 Increasing Social Justice in Psychiatry. https://www.psychiatrictimes.com/view/increasing-social-justice-in-psychiatry
2018 - 19 Talking Health with Dr IJ; discussed various mental health constructs and mental wellbeing issues on Flo FM

NON-PROFIT ORGANIZATION

2018 - Founder/President, The Whole Person Foundation Incorporated

MENTORSHIP

Phuong Vo MS 3&4 (*collaborated on SCPS newsletter article 2021, collaborated on book chapter, attending for their international mental health project 2020*)
Michelle Oberoi MS 4 *(letter of recommendation for residency 2021/22)*
Julia Seiberling MD (*attending for their journal club presentation February 2026, collaboration on an APA action paper for APA Assembly review May 2026*)
Suren Najaryan MD (*letter of recommendation for APA fellowships, attending for their journal club presentation November 2025*)
Elizabeth Munoz MS 3 (*collaboration on a CMA resolution for 2026, collaboration for presentation at CALACAP Fall Advocacy Day 2025*)
Margaret Yau MD *(LOR for fellowship application 2024/25, collaborated on a presentation which was a spin-off of QA project from child rotation with writer March 2025)*
Armaan Zare MD *(collaborated on a peer-reviewed publication 2024/25)*
Crystal Nguyen MS 3 & 4 *(letter of recommendation for residency 2024/25, letter of recommendation for AACAP fellowship 2024, collaborated on an APA action paper for APA Assembly review November 2024)*
Jessica Osanyinpeju MS 3 & 4 *(collaborated on a peer-reviewed work 2025/26, letter of recommendation for residency 2025/26, letter of recommendation for VSLO application 2026, collaborated on an APA action paper for APA Assembly review November 2025)*
Onyinye Onwuzulike MS 2 & 3 *(collaborated on a peer-reviewed publication 2024/25 work, letter of recommendation for VSLO application 2026)*
Kathleen Lopez MD (*letter of recommendation for fellowship application 2020/21*)
Michael Garcia MD (*letter of recommendation for fellowship application 2022/23*)
Edder Duarte MD PhD (*letter of recommendation for fellowship application 2023/24, collaborated on some media publications*)
Austin Nguy MD (*letter of recommendation for fellowship application 2025/26*)
Omar Abbas MD (*letter of recommendation for fellowship application 2025/26*)
Niyolda Larios MD (*letter of recommendation for fellowship application 2025/26*)
Catherine Banh MD (*letter of recommendation for fellowship application 2025/26*)
Faith Fasakin MS 1 (*collaborating on Faith and Mental Health among Nigerian Immigrants in the Inland Empire)*
Anh Voong MS 1
Adriene Carter MD (resource documents)

SUPPORT FOR COLLEAGUES

Yetunder Akins MD MPH (*collaborated on peer-reviewed work, letter of recommendation for DFAPA application 2025/26 and letter of recommendation for DFAACAP application 2026/27*)
Deborah Deas MD MPH (*letter of recommendation for DFAPA application 2023/24*)
Ihuoma Chukwueke MD MPH DrPH *(letter of recommendation for employment 2015, letter of recommendation for faculty position 2023*)
Daniel Novak PhD (*letter of recommendation for merit to Associate Professor 2023/24*)

Monica Gordon MD (*letter of recommendation for merit to Associate Professor 2025/26*)
Melissa Pereau MD (*letter of recommendation for merit to Associate Professor 2025/26*)
Brendon Brockmann MD (*letter of recommendation for merit to Associate Professor 2025/26*)
Niraj Gupta MD *(letter of recommendation for employment 2024*)
MaryAnn Schaepper MD *(letter of recommendation/reference for APA Area 6 Trustee application 2023, letter of recommendation for employment 2020*)