

# Karim Jamaledine

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## EDUCATION

**Doctor of Medicine (MD)**, University of California, Riverside School of Medicine, Riverside, CA  
*August 2024 - Expected Graduation June 2028*

**Bachelors of Science, Biology**, University of California, Riverside, Riverside, CA  
*September 2020 - December 2023, Final Academic GPA: 3.94*

## HEALTHCARE EXPERIENCE

**COPE Health Scholars**, Kaiser Permanente Riverside, Riverside CA

### Health Scholar

April 2021-May 2023

- Worked closely with staff performing tasks such as escorting patients, preparing charts, stocking rooms with supplies, running errands, answering call light, and light clerical tasks
- Assisted patients with discharging, cleaning, receiving essential supplies, and providing emotional support
- Assisted healthcare administrators with handling health-sensitive information and in supporting healthcare staff
- Worked directly with physical therapists to stretch and warm up patients for appointments and keep track of their progress
- Check visitors for symptoms of COVID-19 and handle visitor traffic

### Recruitment Coordinator

February 2022-May 2023

- Promote program by giving information sessions on college campuses
- Contact professors, clubs, and other campus staff members to find presentation opportunities
- Give presentations in front of classrooms and tabling events
- Help produce content for Instagram on how to be a successful pre-med student
- Train new volunteers and prepare them for their experience in the healthcare field

**San Bernardino Free Clinic**, Riverside CA

### General Volunteer

May 2022- June 2022

- Work closely with physicians and medical students to provide medical aid to underserved communities
- Led intake and back office tables to check patients in and provide them with free prescriptions and follow up appointments
- Conduct nutritional counseling sessions with patients in order to help establish dietary goals
- Distribute bags of fresh produce and canned food to patients

### Nutrition Committee Chair

June 2022- June 2023

- Schedule meetings for committee
- Coordinate food pickup sessions at Overflow Farms
- Created partnership with Feeding America to receive food boxes
- Facilitate the creation of educational materials based on proper nutritional habits
- Create recipes and video content for Instagram and distribution at clinic
- Attend board meetings and meetings with Co-Clinic Coordinators

### Co-Clinic Coordinator

April 2023-June 2024

- Work with undergraduate, medical students, and physicians to maintain clinic flow and ensure patient comfort
- Establish partnerships with outside organizations to obtain more resources for patients
- Manage undergraduate volunteers and enforce strike policies
- Solve any problems that may arise during clinics
- Send out clinic sign-ups and facilitate application cycles
- Order refills on prescriptions for patients

- Conduct board meetings to develop goals and timelines for clinic
- Riverside Free Clinic, Riverside CA** May 2022-June 2024
- Distribute NeedyMeds drug discount cards to patients
  - Create infographics on various health topics
  - Produce and distribute first aid kits to patients
  - Develop banquet materials such as an end-of-the-year videos
  - Assist with clinic clean ups, set ups, and general clinic flow

## **CAMPUS INVOLVEMENT/COMMUNITY SERVICE**

**Mini Medical School, UC Riverside School of Medicine Pathway Programs, UC Riverside**

**General Member, Nutrition Group** September 2020 - Spring 2021

- Create infographics and brochures on proper nutrition
- Give presentations at community venues
- Attend general meetings

**Project Leader, Nutrition Group** Spring 2021-March 2022

- Held group meetings
- Organized venue opportunities for group
- Communicated with board members to organize group
- Facilitated creation of educational materials

**Director of Internal Affairs** February 2022– April 2024

- Worked directly with UCR School of Medicine faculty to lead the entire program
- Submitted projects of over 40 groups to medical student and physician advisors for project approval
- Tripled the amount of venues attended by program from 2021-2022 (attended around 70 venues in 2022-2023 and around 100 in 2023-2024)
- Implemented and lead creation of Canvas system for volunteers in 2023-2024 academic year
- Used Canvas to grade group projects
- Lead 14 member Executive Board
- Schedule, find speakers for, and lead general meetings with over 200 attendees
- Outreach to outside organizations to help grow program
- Create project guidelines for groups to follow
- Lead 2 application cycles where we received 200 and 222 applicants, respectively, using AMP
- Lead 2 board member application cycles where we replaced 8+ board members in both cycles receiving over 80 applications total

**Marketing Director, Lifting Club at UCR, UC Riverside** September 2021-June 2022

- Create promotional materials for club via Canva and Final Cut Pro
- Coordinate social media posts and interaction with club members
- Helped grow Instagram account from 0 followers to 200 followers in less than 3 months
- Give presentations on lifting and nutritional information

**Biomedical Ethics Club at UCR, UC Riverside**

**General Member** January 2021-June 2023

- Create infographics and brochures about underserved communities
- Create health education resources on COVID-19
- Distribute resources to community at events
- Promote social media page to raise awareness of social issues

**Secretary** July 2022-June 2023

- Manage hours and social media for club
- Take meeting minutes for board meetings
- Work with board to decide club events and scheduling

**Project Sunshine at the UCR School of Medicine, UC Riverside**

**General Member** September 2021-Present

- Create craft kits for pediatric patients
- Complete TelePlay sessions with pediatric patients by doing fun trivia games via Zoom

<ul style="list-style-type: none"> <li>● Create holiday cards via Canva for patients</li> </ul>	
<b>Secretary</b>	May 2022-May 2023
<ul style="list-style-type: none"> <li>● Manage hours and points for club</li> <li>● Take meeting minutes for board meetings</li> <li>● Help plan general meetings and use HighlanderLink to organize events</li> <li>● Work on securing partnerships for clubs</li> </ul>	
<b>President</b>	May 2023-December 2023
<ul style="list-style-type: none"> <li>● Serve as main liaison for Project Sunshine National and UCR branch</li> <li>● Schedule and lead board and general meetings</li> <li>● Facilitate sign ups for clinical volunteering opportunities with pediatrics patients</li> <li>● Collaborate with the Project Sunshine national organization</li> <li>● Help all board members with tasks</li> <li>● Assisted in growing Instagram account by 300 followers in 4 months</li> </ul>	
<b>Center for Health Communities HIV and Aging Research, UC Riverside School of Medicine</b>	September 2022-June 2023
<ul style="list-style-type: none"> <li>● Creating research project on the benefits of comic books as an educational medium</li> <li>● Assist in producing Instagram content</li> <li>● Help raise awareness for those living with HIV</li> <li>● Research on social health for those living with HIV</li> <li>● Interact with people living with HIV on Discord</li> </ul>	
<b>Health Professions Advising Center, UC Riverside Department of Undergraduate Education</b>	
<b>HPAC Ambassador</b>	September 2023-June 2024
<ul style="list-style-type: none"> <li>● Create content for social media to promote HPAC and UCR School of Medicine initiatives</li> <li>● Support students through peer mentoring</li> <li>● Design, facilitate, and participate in workshops for pre-health students</li> <li>● Hold drop in office hours twice a week for pre health students</li> <li>● Support students with finding extracurricular opportunities, application questions, timeline planning, and all aspects of the pre-health process</li> <li>● Outreach on behalf of the HPAC office to UCR students</li> <li>● Respond to pre-health inquiries on email</li> </ul>	
<b>ShadowMD at UCR, UC Riverside</b>	October 2021-May 2023
<ul style="list-style-type: none"> <li>● Attend all general meetings</li> <li>● Participate in volunteering events</li> <li>● Shadow physicians virtually and in-person</li> </ul>	
<b>Future Physicians Club at UCR, UC Riverside</b>	
<b>General Member</b>	October 2022-May 2023
<ul style="list-style-type: none"> <li>● Attend general meetings</li> <li>● Network with other pre-med students</li> </ul>	
<b>Director of FPS Journal</b>	October 2022-May 2023
<ul style="list-style-type: none"> <li>● Attend all board meetings</li> <li>● Organize the creation of the FPS Journal</li> <li>● Communicate with other board and committee members</li> </ul>	
<b>R'Course Student Facilitator, UC Riverside Student Engagement</b>	April 2022-December 2023
<ul style="list-style-type: none"> <li>● Created course plans for course titled "Health Disparities in the Inland Empire"</li> <li>● Taught course in Winter and Spring 2023, Fall 2024 with class sizes of around 20 students</li> <li>● Work closely with faculty advisor to design course around student-led discussions</li> <li>● Designed Google Slides and templates for flow in class</li> <li>● Composed lesson plans for each lesson including an interactive activity ranging from concept mapping to small-group discussions</li> <li>● Create, design and grade student assignments using Canvas</li> <li>● Established learning objectives for each lesson</li> <li>● Developed final assignments based around making an impact in the community and creating a public health project</li> <li>● Lead in-class discussions and work with students outside of class on assignments and mentorship</li> </ul>	
<b>First Year Mentor, Mentor Collective, UC Riverside</b>	August 2022-June 2023

- Complete training to become a mentor
- Mentor first year biology student
- Conduct monthly check-ins with mentees
- Advise student on balancing academic and social life

## **ADDITIONAL SKILLS**

**Computer:** Microsoft Office Suite, Google Workplace Suite, Canva, Final Cut Pro, Photoshop

**Language:** English, native language; Spanish, moderate proficiency

## **AWARDS and CERTIFICATIONS**

**Dean's Honor List**, Summer 2021, December 2023

**Chancellor's Honor List**, 2020-2021 Academic Year, 2021-2022 Academic Year, 2022-2023 Academic Year

**Volunteer Recognition Certificate of Achievement for Riverside Free Clinic**, 2022-2023

**Excellence Award for UCR School of Medicine Pathway Programs**, 2024

**Magna Cum Laude at UC Riverside**, 2024

**Mentor Chapter Nomination for Project Sunshine**, 2022-2023

**Bayless Student Organization of the Year for Project Sunshine**, 2022-2023

**Basic Life Support for Healthcare Providers (BLS)**; American Heart Association, issued April 2023

**Stop The Bleed**; American College of Surgeons Committee on Trauma, issued September 2022

**TelePlay Volunteer**, Project Sunshine, issued January 2023